

# The Hidden Prayers of the Divine Liturgy

Introduction and the Service of  
Preparation





# What is Orthodox Worship?

- "O Lord Stretch Forth Thy Hand from Thy Dwelling Place on High and strengthen me for this, Thine appointed service, that standing un-condemned before Thine awesome throne, I may offer the bloodless sacrifice. For Thine is the power and the glory unto ages of ages, Amen"
- Heavenly Worship is our destiny as Human Beings
- The Divine Liturgy as the pinnacle of our Worship of God





# Development of the Divine Liturgy

- ▶ Jewish Worship

- ▶ Agape Meal with The Shema
- ▶ The Tefillah
- ▶ Reading of the Aaronic Blessings from Book of Numbers
- ▶ Reading of the Torah and the Prophets
- ▶ Kaddish Prayer: *"Magnified and Sanctified be His Great Name in the world which He hath created according to His will. May He establish a Kingdom during your life and during your days, and during the life of all the house of Israel, even speedily and at a near time!"*

# The Development of the Divine Liturgy

## ■ The Christian Synagogue

*“On the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs of the apostles or the writings of the prophets are read, as long as time permits; then, when the reader has ceased, the president verbally instructs, and exhorts to the imitation of these good things.*

*Then we all rise together and pray, and when our prayer is ended, bread and wine and water are brought, and the one presiding in like manner offers prayers and thanksgivings, according to his ability, and the people assent, saying Amen; and there is a distribution to each, and a participation of that over which thanks have been given, and to those who are absent a portion is sent by the deacons. And they who are well to do, and willing, give what each thinks fit; and what is collected is deposited with the president, who succors the orphans and widows and those who, through sickness or any other cause, are in want, and those who are in bonds and the strangers sojourning among us, and in a word takes care of all who are in need.*

*But Sunday is the day on which we all hold our common assembly, because it is the first day on which God, having wrought a change in the darkness and matter, made the world; and Jesus Christ our Savior on the same day rose from the dead. For He was crucified on the day before that of Saturn (Saturday); and on the day after that of Saturn, which is the day of the Sun, having appeared to His apostles and disciples, He taught them these things, which we have submitted to you also for your consideration.” St. Justin Martyr—First Apology, Ch. 67*





# The Service of Preparation

## ► Entering into Bethlehem

*“Prepare O Bethlehem; for Eden has been opened to all. Adorn yourself O Ephratha, for the tree of life blossoms forth from the Virgin in the Cave. Her womb is a spiritual paradise planted with the Divine Fruit. If we eat of it we shall live forever and not die like Adam. Christ comes to restore the image which He made in the beginning!”*





# The Service of Preparation

## ➤ Walking Through the Crucifixion

*"By Thy Precious Blood You have redeemed us from the curse of the law; by being nailed to the cross and pierced by a spear Thou has poured forth immortality upon man. O our Savior Glory to Thee!"*

*"In remembrance of our Lord and God and Savior Jesus Christ"*

*"As the Sheep was Led to the Slaughter"*

*"As a blameless lamb before it's shearers is dumb, so He opens not his mouth."*

*"In His humiliation, Judgment was pronounced upon Him."*

*"Who Shall declare His Generation?"*

*"For His Life is being taken up from the earth."*

*"Sacrificed is the Lamb of God, who takes away the sins of the world, for the life of the World, and it's salvation."*

*"One of the Soldiers pierced His side with a spear and at once there came out blood and water. He who saw it has born witness, and his witness and testimony are true."*



# Completing the Kingdom

- The Theotokos: Queen of Heaven

- *"In honor and blessed memory of our most blessed Lady Theotokos and ever Virgin Mary. Through her prayers o Lord accept this offering upon Thy heavenly altar. At thy right had stood the queen arrayed in robes golden and glorious".*

- St. John the Baptist

- The Prophets

- The Holy Apostles

- The Holy Hierarchs

- The Holy Martyrs

- The Monastic Saints

- The Holy Unmercenaries

- St. Joachim and Anna

- St. Basil or St. John Chrysostom



Свято-Троицкий  
г. Мариуполь



# The Living and Departed

- *“Remember o Master, Who lovest mankind, the whole episcopate of the Orthodox Church, His beatitude Metropolitan \_\_\_\_\_, His Eminence our Archbishop \_\_\_\_\_, the honorable priesthood, the deaconate in Christ, and the whole priestly and monastic order, our brothers and concelebrants, priest deacons, and all of our brotherhood, whom Thou has called into Thy communion through Thy compassion O Gracious Master.*
- *Remember O Lord, our country, its civil authorities, and all of the Orthodox Christians dwelling here. Most especially remember Thy Servants of God \_\_\_\_\_”*
- *“In blessed memory and for the remission of sins of the most holy Orthodox patriarchs, Bishops priests, deacons, all monastics, all Orthodox and God-fearing rulers, and of all the blessed founders of this Holy Church. Most especially remember Thy Departed Servants of God \_\_\_\_\_”*





# The Importance of Incense

- *“We offer Thee Incense O Christ our God, as an odor of sweet spiritual fragrance. Receive it upon Thy heavenly altar and send down upon us in return the Grace of Thine All Holy Spirit.”*
- *“Just as incense is good and fragrant even on its own, but displays it’s fragrance properly when it comes into contact with fire, so it is with prayer. It is good even on its own, but becomes even better and more fragrant when it is offered up with a warm and ardent soul, when the soul becomes the censer and is burning with a fierce fire. First set your heart on fire by your eagerness, and then pray.” -St. John Chrysostom*





# Journey from Bethlehem to the Cross

- ▶ *“And the star came and stood over the place where the young child lay...” (Matthew 2)*
- ▶ *“The Lord is King, He is robed in majesty; the Lord is robed, He is girded with strength. The world is established, it shall never be moved. Thy Throne is established of Old, Thou art from everlasting. The floods have lifted up O God, the floods have lifted up their voice, the floods have lifted up their roaring. Mightier than the thunder of many waters, mightier than the waves of the sea, the Lord on high is mighty, Thy decrees are very sure; Holiness befits Thy House O Lord, forever more.”*
- ▶ *“Thy virtue has covered the heavens, o Christ, and the earth is fully of Thy Praise”*
- ▶ *“Cover us with the shelter of Thy wings, drive far from us every foe and adversary. Give peace to our Lives o Lord, and have mercy on us and on Thy world, and save our soul, for as much as Thou art good and lovest mankind.”*





# Journey from Bethlehem to the Cross

- *“O God our God, Who didst send the Heavenly Bread and food for the whole world, our Lord and God Jesus Christ, as our Savior, redeemer, and benefactor, blessing and sanctifying us. Do Thou Thyself bless this offering and accept it upon Thy Heavenly Altar. Remember those who offered it and for those whom it was offered, for Thou art Good and Lovest Mankind, and preserve us uncondemned in the sacred celebration of Thy Divine Mysteries. For sanctified and glorified is Thy most honorable and majestic Name, of the Father and of the Son, and of the Holy Spirit, now and ever and unto ages of ages, Amen.”*







# The Hidden Prayers of the Divine Liturgy

The Liturgy of the Word



# Blessed is the Kingdom



- "Blessed is the Kingdom, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages..."
- AMEN!
  - Ability to Listen
  - Ability to Confirm
  - Ability to Consent



# The Great Litany

- Prayers for the Whole World!
  - Prayers for Peace
  - Prayers for the Holy Orders
  - Prayers for those with afflictions
- Prayers for the Intercession of the Theotokos
  - *"...for the prayer of the mother has great power to win the favor of the master..."*





# Silent Prayers of the Antiphons

- *“O Lord our God, Thy power is incomparable. Thy Glory is incomprehensible. Thy mercy is immeasurable. Thy love for man is inexpressible. Look down on us and on this holy house with pity, O Master, and impart the riches of Thy mercy and Thy compassion to us and to those who pray with us.” For unto Thee are due all glory, honor, and worship; to the Father and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.*
- *“O Lord our God, save Thy people and bless Thine inheritance. Preserve the fullness of Thy Church. Sanctify those who love the beauty of Thy house; glorify them in return by Thy Divine Power and forsake us not who put our hope in Thee.” For Thine is the majesty, and Thine is the Kingdom and the power and the glory; of the Father and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.*
- *“O Thou who hast given us grace with one accord to make our common supplications unto Thee, and didst promise that when two or three are gathered together in Thy name Thou wouldst grant their request; Fulfill now, O Lord, the petitions of Thy servants as may be expedient for them; granting us in this world the knowledge of Thy truth, and in the world to come, life everlasting.” For Thou art a good God who lovest mankind and unto Thee do we send up Glory; to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.*





# The Small Entrance

- ▶ *“O Master, Lord our God, Who hast appointed in heaven orders and hosts of angels and archangels for the service of Thy glory: Grant that with our entrance there may be an entrance of Holy Angles, serving with us and glorifying Thy goodness. For unto Thee are due all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen!”*





# Prayers of the Thrice Holy Hymn

- ▶ *“O Holy God, Who dost rest in the saints; Who art hymned by the Seraphim with the Thrice-Holy cry, and glorified by the Cherubim, and worshiped by every heavenly power; Who out of nothing hast brought all things into being; Who hast created man after Thine own image and likeness, and hast adorned him with Thine every gift; Who givest to him who asks wisdom and understanding; Who dost not despite the sinner, but instead hast appointed repentance unto salvation; Who hast vouchsafed to us, Thy humble and unworthy servants, even in this hour, to stand before the glory of Thy holy altar, and to offer worship and praise which are due unto Thee: Thyself, o Master, accept even from the mouths of us sinners the Thrice-Holy Hymn, and visit us in Thy goodness. Forgive us every transgression, both voluntary and involuntary. Sanctify our souls and bodies, and enable us to serve Thee in holiness all the days of our Lord. Through the intercessions of the Holy Theotokos and of all the saints who from the beginning of the world have been well-pleasing to Thee.”*



# The Thrice Holy Hymn



- “Holy God, Holy Mighty, Holy Immortal, Have Mercy on Us!”
- “Blessed is He Who Comes in the name of the Lord! Blessed art Thou on the Throne of Glory of Thy Kingdom, Who sits upon the Cherubim, always now and ever and unto ages of ages, Amen.”



## The Prokimenon, Epistle, and Gospel Prayers



- ▶ *“Illumine our hearts, o Master, Who lovest mankind, with a pure light of Thy divine knowledge. Open the eyes of our mind to the understanding of Thy Gospel teachings. Implant also in us the fear of Thy blessed commandments, that trampling down all carnal desires, we may enter upon a spiritual manner of living, both thinking and doing such things as are well-pleasing unto Thee. For Thou art the illumination of our souls and bodies, O Christ our God, and unto Thee do we sent up glory; together with Thy Father Who is from everlasting, and Thine All-Holy, Good, and Life-Creating Spirit, now and ever and unto ages of ages. Amen!”*





## The Litanies and Preparing for Palm Sunday

- *“O Lord our God, who dwellest on High and regardest the humble of heart; Who has sent forth as the salvation of the race of men, Thy Only begotten Son and God, our Lord Jesus Christ: Look down upon Thy servants the Catechumens, who have bowed their necks before Thee. Make them worthy in due time of the laver of regeneration, the remission of sins, and the robe of incorruption. Unite them to Thy Holy, Catholic, and Apostolic Church, and number them with Thy Chosen Flock. That with us, they may glorify Thine All-Honorable and majestic Name; Of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages...”*



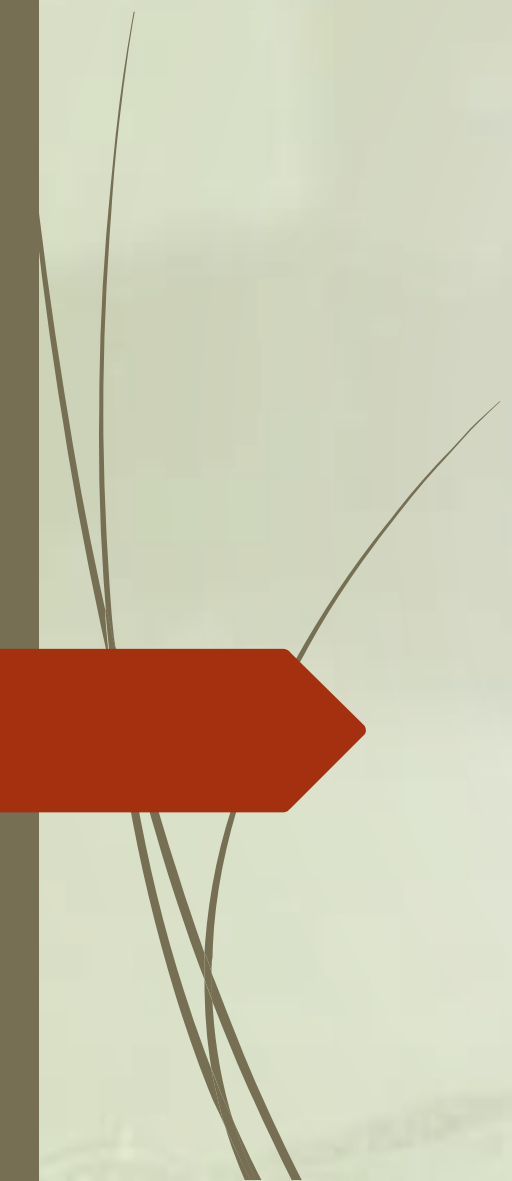
## The Litanies and Preparing for Palm Sunday

► *“We thank Thee, o Lord of Hosts, Who has accounted us worthy to stand even now before Thy Holy Altar, and to fall down before Thy compassion for our sins, and for the errors of the people. Enable us also, whom Thou hast placed in this thy service, by the power of the Holy Spirit, blameless and without offence, in the pure witness of our conscious, to call upon Thee at all times and in every place; that hearing us, Thou mayest be merciful to us according to the multitude of Thy great goodness.”*

► *“Again and often times we fall down before Thee, O God, Who lovest mankind, that looking down upon our petition, Thou wouldst cleanse our souls and bodies from all defilement of flesh and spirit: and grant us to stand blameless and without condemnation before Thy holy altar. Grant also to those who pray with us, Go God, growth in life and faith and spiritual understanding. Grant them to worship Thee blamelessly with fear and love, and to partake without condemnation of Thy Holy Mysteries, and to be account worthy of Thy heavenly Kingdom.”*







# The Hidden Prayers of the Divine Liturgy

Class 3: The Liturgy of the Faithful



# The Cherubic Hymn

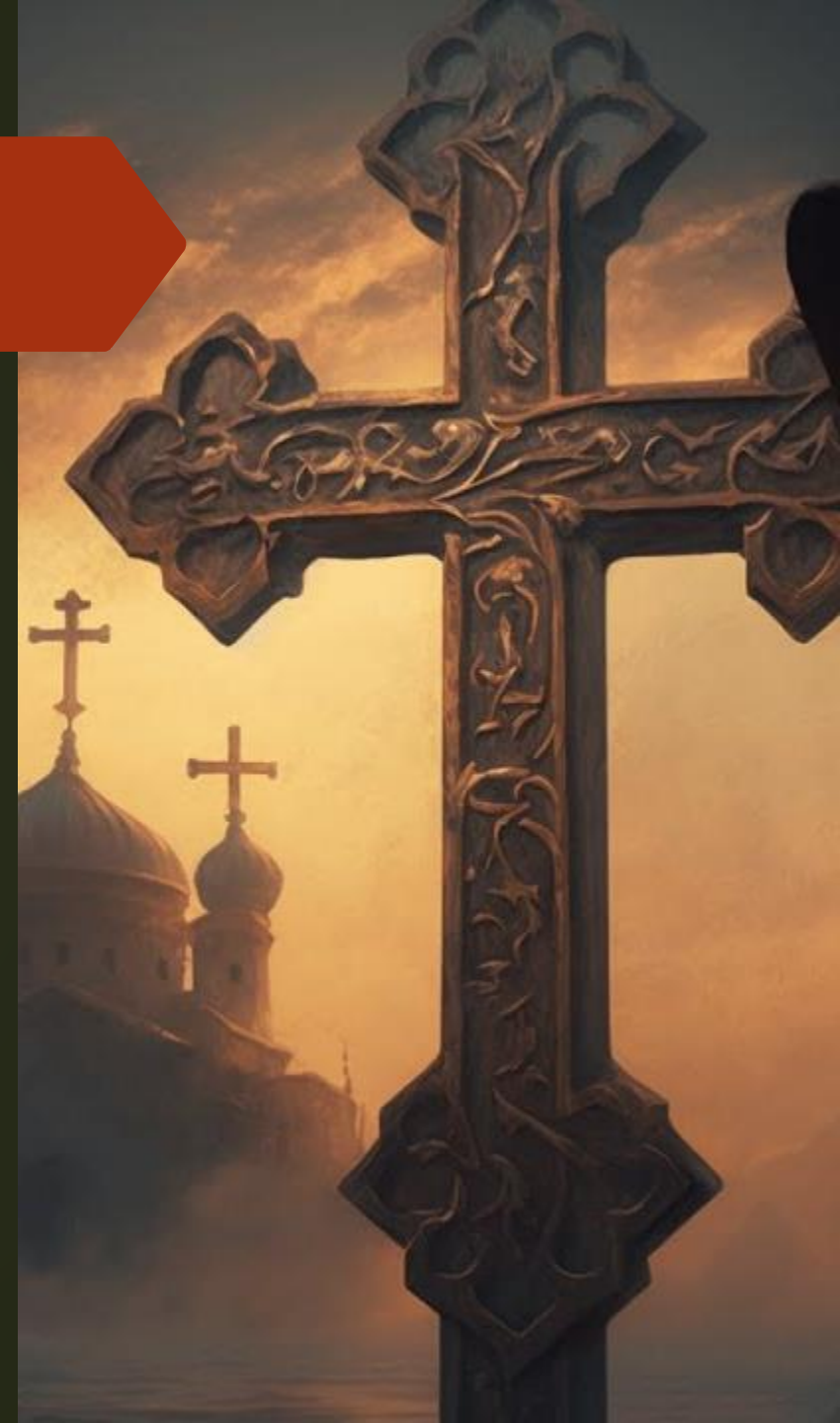
- *“No one who is bound with the desires and pleasures of the flesh, is worthy to approach or draw near or to serve Thee, O King of Glory; for to minister to Thee is great and awesome even to the heavenly powers...”*
- *“Nevertheless through Thine unspeakable and boundless love for mankind, Thou didst become man, yet without change or alteration, and as Ruler of all didst become our High Priest, and didst commit to us the ministry of this liturgical and bloodless sacrifice. For Thou alone, o Lord our God, rulest over those in heaven and on earth; Who art borne of the throne of the Cherubim; Who art Lord of the Seraphim and King of Israel; Who alone art Holy and didst rest in the saints. Therefore, I entreat Thee Who art good and ready to listen: Look down on me a sinner, Thine unprofitable servant...”*

HYMN OF THE  
CHERUBIM



# The Cherubic Hymn

- ▶ *“...and cleanse my soul and my heart from an evil conscience; and by the power of the Holy Spirit enable me, who am endowed with the grace of the priesthood, to stand before this, Thy Holy Table, and perform the Sacred Mystery of Thy Holy and Pure Body and Precious Blood. For I draw near to Thee, and bowing my neck I implore Thee...”*
- ▶ *Do not turn Thy face away from me, nor cast me out from among Thy children; but make me, Thy sinful and unworthy servant, worthy to offer gifts to Thee. For Thou art the Offerer and the Offered, the Receiver and the Received, o Christ our God, and to Thee do we send up glory, together with Thy Father, Who is from everlasting, and Thine All-Holy, Good, and Life-creating Spirit, now and ever, and unto ages of ages. Amen.”*
- ▶ *“Like the prodigal son, I have sinned against Thee Savior. Receive me as I repent and have mercy on me. With the voice of the publican I cry out to Thee...take pity on me as Thou didst on him, and have mercy on me, O God.”*





# The Great Entrance

- ▶ *“The noble Joseph, when he had taken down Thy most pure body from the tree, wrapped it in fine linen and anointed it with spices, and placed it in a new tomb...”*
- ▶ *“In the tomb with the body in hell with the soul; in paradise with the thief, and on the throne with the Father and the Holy Spirit, wast Thou, o Boundless Christ, filling all things. Bearing life and more fruitful than paradise, brighter than any royal chamber: Thy Tomb o Christ, is the fountain of our resurrection!”*
- ▶ *“Do good, O Lord, to Zion in Thy good pleasure, and let the walls of Jerusalem be built. Then shalt Thou be pleased with the sacrifice of righteousness, with oblations and whole burnt offers, then shall they offer bulls upon Thine altar!”*







# The Litany of Supplication and The Nicene Creed

- ▶ *“O Lord Almighty, Who alone art Holy, Who acceptest the sacrifice of praise from those who call upon Thee with their whole heart. Accept also the prayer of us sinners, and bear it to Thy holy altar, enabling us to offer unto Thee gifts and spiritual sacrifices for our sins and for the errors (ignorance) of the people. Make us worthy to find grace in Thy sight, that our sacrifice may be acceptable unto Thee, and that the good Spirit of Thy grace may dwell upon us and upon These Gifts here offered, and upon all Thy people. **Through the compassions of Thine Only-Begotten Son, with Whom Thou art blessed, together with Thine All-Holy, Good, and Life-creating Spirit, now and ever and unto ages of ages...**”*

- ▶ *The doors! The doors! In Wisdom, Let us attend*

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
by the Virgin Mary he was incarnate,  
and was made man: **Jesus Christ**,  
who was crucified for us, who suffered,  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.



# The Incredible Prayers of the Anaphora

- *“O Existing One, Master, Lord God, Father almighty and adorable! It is truly meet and right and befitting the magnificence of Thy holiness to praise Thee, to sing to Thee, to bless Thee, to worship Thee, to give thanks to Thee, and to glorify Thee, the Only Truly Existing God...and to offer to Thee this our reasonable worship with a contrite heart and a spirit of humility, for Thou hast granted us the knowledge of Thy Truth. Who can utter Thy might acts? Or make all Thy praises known? Or tell of all Thy miracles at all times?...”*
- *“...O Master of all, Lord of heaven and earth and of all creation, both visible and invisible, Who sittest upon the Throne of glory and beholdest the depths; without beginning, invisible, incomprehensible, indescribable, changeless...”*
- *O Father of our Lord Jesus Christ, the great God and Savior...our hope...Who is the image of Thy goodness, the seal of Thy very likeness, showing forth in Himself Thee, o Father, the living Word, the true God, the eternal Wisdom, the Life, the Sanctification, the Power, the True Light...*
- *“... through Whom the Holy Spirit was revealed – the Spirit of truth, the gift of sonship, the pledge of future inheritance, the first fruits of eternal blessings, the life creating power, the fountain of sanctification, through Whom every creature of reason and understanding worships The and always sings to Thee a hymn of glory, for all things are Thy servants.*
- *Thou art praised by angels, archangels, thrones, dominions, principalities, authorities, powers, and many-eyed Cherubim. Round about Thee stand the Seraphim, one with six wings and the other with six wings; with two they cover faces, with two they cover their feet, and with two they fly, crying to one another with unceasing voices and ever-resounding praises: Singing the Triumphant Hymn, shouting, proclaiming, and saying...”*



The background features a faint, artistic illustration of a religious scene, likely the Anaphora. It depicts several figures in traditional robes, with one central figure holding a chalice and another holding a paten. The scene is set in a landscape with trees and a path. A solid red arrow points to the right, partially overlapping the title.

# The Incredible Prayers of the Anaphora

- ▶ *With these blessed powers, O Master who lovest mankind, we sinners also cry aloud and say: "Holy art Thou - truly most holy - and there are no bounds to the magnificence of Thy holiness. Thou art gracious in all Thy deeds, for with righteousness and true judgment Thou hast ordered all things for us. When Thou didst create man by taking dust from the earth, and didst honor him with Thine own image, O God, Thou didst set him in a paradise of delight, promising him eternal life and the enjoyment of everlasting blessings in the observing of Thy Commandments.*
- ▶ *But when man disobeyed Thee, the true God who had created him, and was deceived by the guile of the serpent, becoming subject to death through his own transgressions, Thou, O God, in Thy righteous judgment, didst send him forth from paradise into this world, returning him to the earth from which he was taken, yet providing him the salvation of regeneration in Thy Christ Himself. For Thou didst not turn away Thyself forever from Thy creature whom Thou hadst made, O Good One, nor didst Thou forget the work of Thy hands.*



# The Incredible Prayers of the Anaphora

- ▶ *Through the tender compassion of Thy mercy, Thou didst visit him (man) in various ways: Thou didst send prophets; Thou didst perform mighty works by Thy saints, who in every generation were well pleasing to Thee; Thou didst speak to us by the mouths of Thy servants the prophets, foretelling to us the salvation which was to come. Thou didst give us the Law as a help. Thou didst appoint angels as guardians. And when the fulness of time had come, Thou didst speak to us through Thy Son Himself...*
- ▶ *...by whom Thou didst also make the ages; who being the Radiance of Thy glory and the Image of Thy person, upholding all things by the word of His power, thought it not robbery to be equal to Thee, the God and Father. He was God before the ages, yet He appeared on earth and lived among men, becoming incarnate of a Holy Virgin; He emptied Himself, taking the form of a servant, being likened to the body of our lowliness, that He might liken us to the image of His glory.*



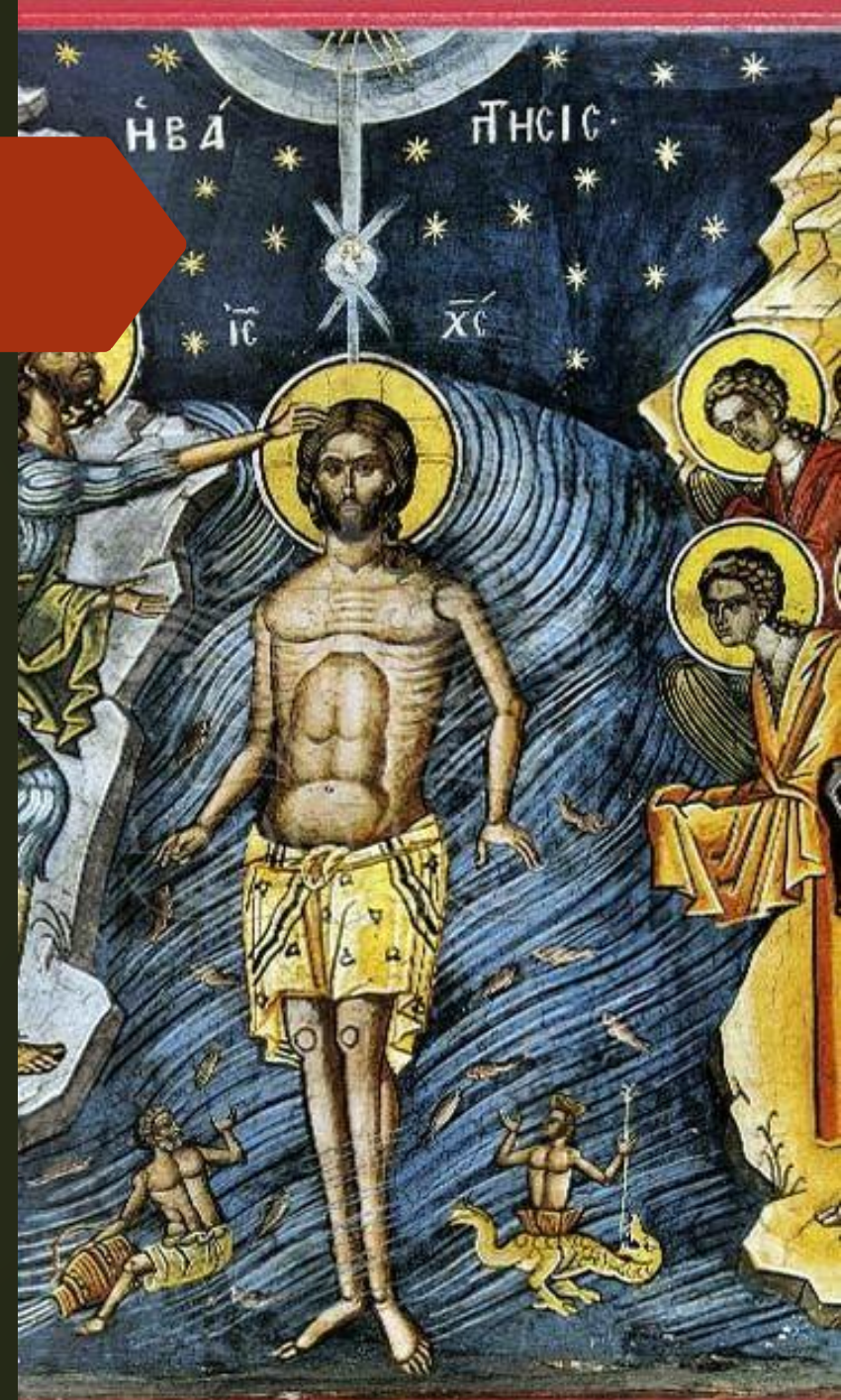


# The Incredible Prayers of the Anaphora

■ *For as by man sin entered into the world and by sin death, so it pleased Thine Only-Begotten Son, who was in the bosom of Thee, the God and Father, who was born of a woman, the Holy Theotokos and Ever- Virgin Mary, who was born under the law to condemn sin in His flesh, so that those who were dead in Adam, might be made alive in Thy Christ Himself. He lived in this world and gave us commandments of salvation; releasing us from the delusions of idolatry, He brought us to the knowledge of Thee, the God and Father. He obtained us for His own chosen people, a royal priesthood, a holy nation.*

*Having cleansed us in water, and sanctified us with the Holy Spirit, He gave Himself as a ransom to death, in which we were held captive, sold under sin. Descending through the cross into hell, that He might fill all things with Himself, He loosed the pangs of death. He arose on the third day, having made for all flesh a path to the resurrection from the dead, since it was not possible for the Author of Life to be a victim of corruption. So He became the first fruits of those who had fallen asleep, the first-born of the dead, that He might be Himself truly the first in all things.*

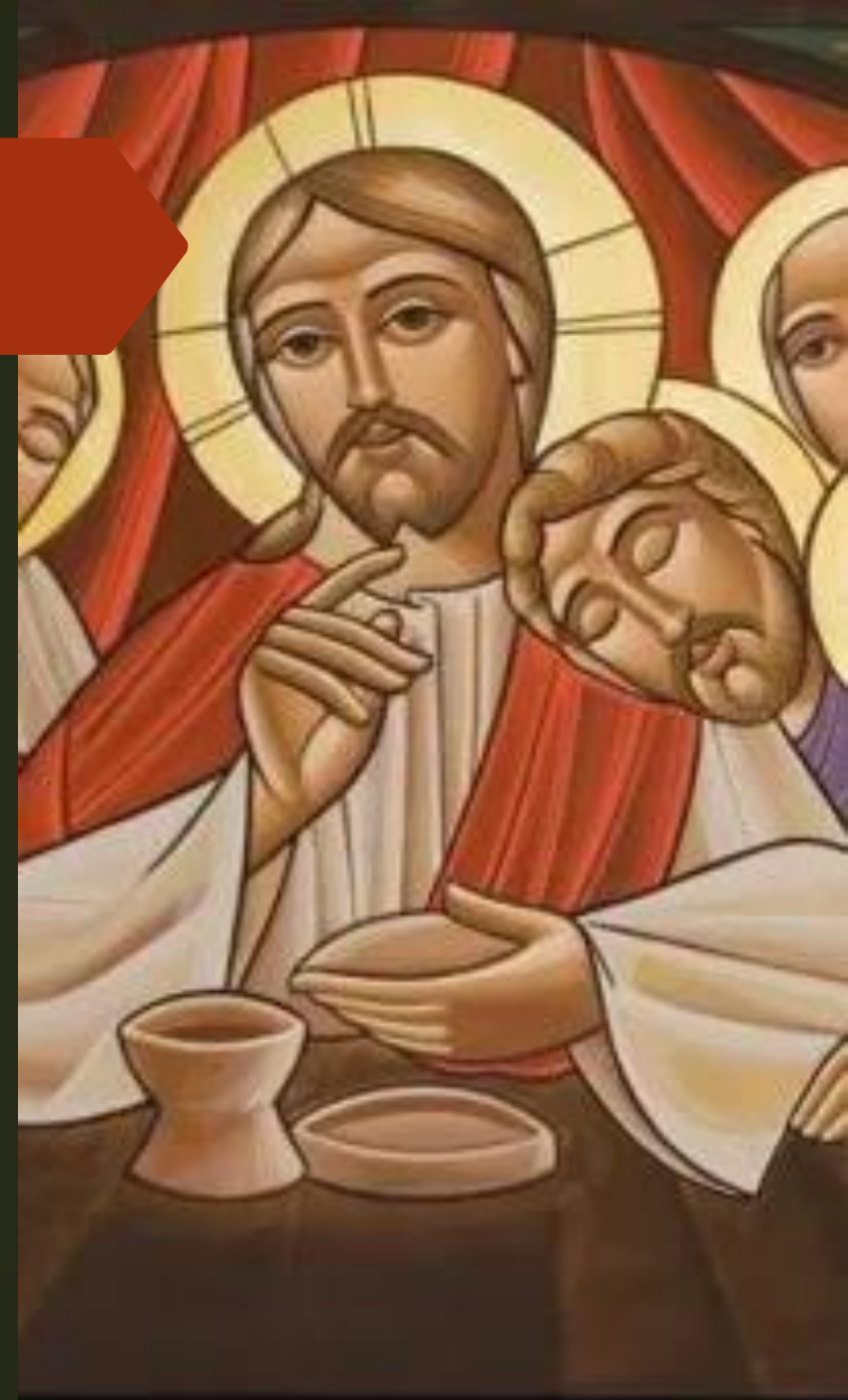
*Ascending into heaven, He sat down at the right hand of Thy majesty on high, and He will come to render to every man according to his works.*





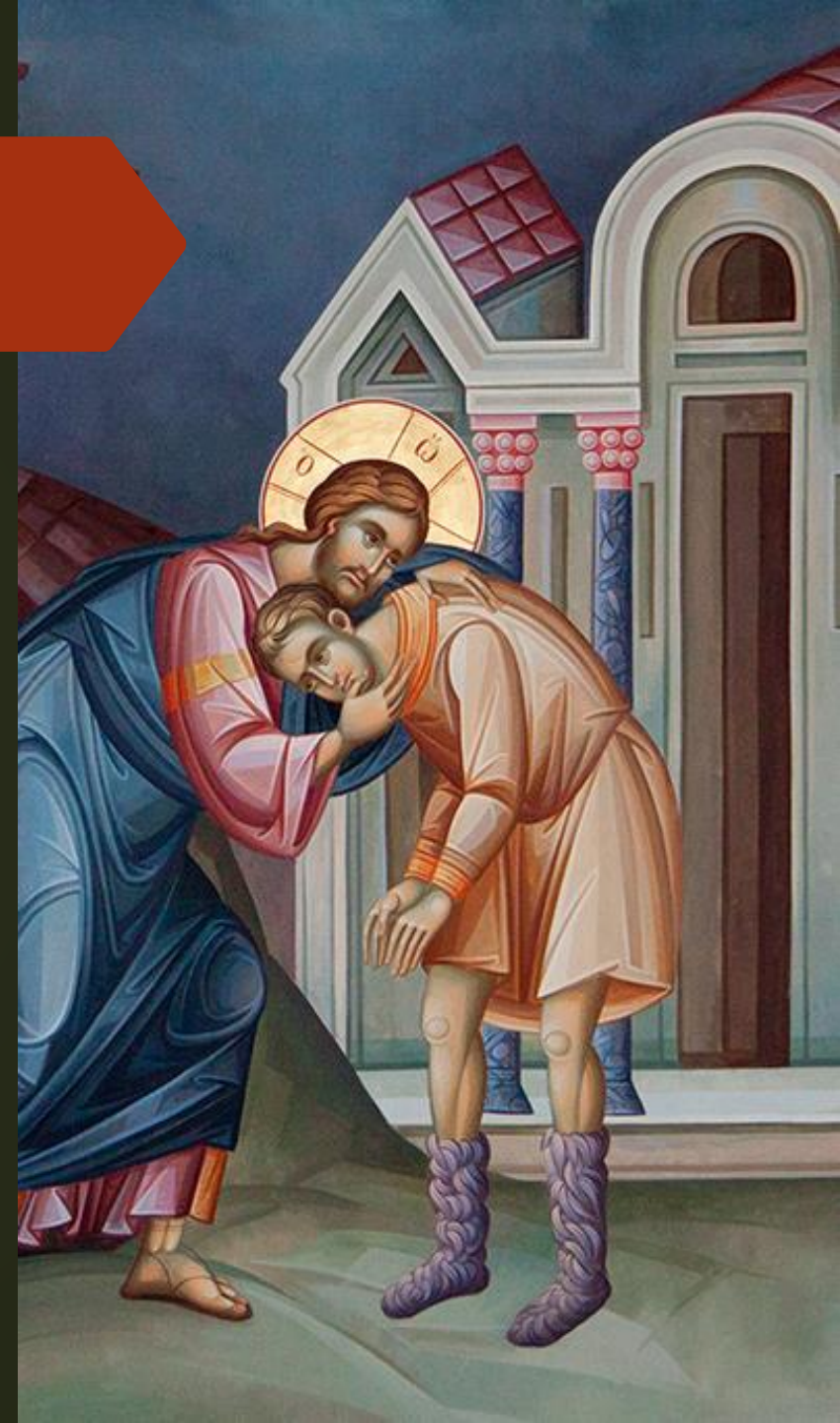
# The Incredible Prayers of the Anaphora

- *And as memorials of His saving Passion, He has left us these things, which we have set forth according to His command. For when He was about to go forth to His voluntary, and ever-memorable and life-creating death in the night in which He gave Himself up for the life of the world - took bread in His holy and pure hands. Having shown it to Thee, the God and Father, and having given thanks, blessed and hallowed it and broken it, He gave it to His Holy Disciples and Apostles saying:*
- *“Take, Eat. This is My Body which is broken for You, for the remission of sins.”*
- *Likewise, He took the cup of the fruit of the vine, and having mingled it and given thanks, blessed and hallowed it, He gave it to His Holy Disciples and Apostles saying:*
- *“Drink of it, all of you. This is My Blood of the New Testament, which is shed for you and for many, for the remission of sins. Do this in remembrance of Me. For as often as you eat this Bread and drink this Cup, you pro- claim My Death, you confess My Resurrection.”*
- *Therefore, we also, O Master, remembering His saving Passion and life-creating Cross, His three- day Burial and Resurrection, His Ascension into heaven and Sitting at the right hand of Thee the God and Father, and His glorious and awesome Second Coming...**“Thine own of Thine Own, we offer Thee, on behalf of all and for all!”***



# The Incredible Prayers of the Anaphora

- *“Therefore, Most Holy Master, we also Thy sinful and unworthy servants, whom Thou has permitted to serve at Thy holy altar, not because of our own righteousness (for we have done nothing good upon the earth) but because of Thy mercy and compassions (which Thou hast so richly poured out on us), we now dare to approach Thy holy altar and, offering to Thee the antitypes of the Holy Body and Blood of Thy Christ, we pray Thee and call upon Thee, o Holy of Holies, that by the favor of Thy goodness, Thy Holy Spirit may come upon us and upon the Gifts now offered to bless, to hallow, and to show...this Bread to be the Precious Body, of our Lord and God and Savior Jesus Christ. And this Cup to be the precious Blood, of our Lord and God and Savior Jesus Christ. Shed...for the life of the world.*
- *“And unite all of us to one another who become partakers of the One Bread and Cup in the communion of the Holy Spirit. Grant that none of us may partake of the Holy Body and Blood of Thy Christ for judgment or condemnation. Instead may we find mercy and grace with all of the Saints who through the ages have been well-pleasing to Thee: Ancestors, Fathers, patriarchs, prophets, apostles, confessors, teachers, and every righteous spirit made perfect in faith. Especially our most Holy, most Pure, most blessed and glorious Lady Theotokos and Ever-Virgin Mary!”*





# The Axion Estin and the Lord's Prayer

- "It is Truly Meet to bless you o Theotokos, ever blessed and most pure and the mother of our God. More honorable than the Cherubim and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the word. True Theotokos we magnify you!"
- *Unto Thee we commend our whole life and our hope, o Master Who lovest mankind. We ask Thee, and pray Thee, and supplicate Thee: Make us worthy to partake of the heavenly and awesome Mysteries of this sacred and spiritual table with a pure conscience: For remission of sins, for forgiveness of transgressions, for the communion of the Holy Spirit, for the inheritance of the Kingdom of Heaven, for boldness towards Thee, not for judgment or for condemnation. And make us worthy, o Master, that with boldness and without condemnation, we may dare to call on Thee, the heavenly God, as Father, and to say...*





# Preparation for Holy Communion

- *We give thanks unto Thee, O King invisible, Who by Thy measureless power didst make all things, and in the greatness of Thy mercy didst bring all things from non-existence into being. Look down from heaven, O Master, upon those who have bowed their heads unto Thee, for they have not bowed down unto flesh and blood, but unto Thee, the awesome God. Do Thou Thyself O master, distribute these Gifts here offered unto all of us for good, according to the individual needs of each; sail with those who sail, travel with those who travel by land and by air; heal the sick, o Thou Who art the physician of our souls and bodies.*
- *Attend o Lord Jesus Christ our God, out of Thy holy dwelling place, from the throne of the glory of Thy Kingdom; and come to sanctify us, O Thou Who sittest on high with the Father, and art here invisibly present with us; and by Thy mighty hand impart unto us Thy Most Pure Body and Precious Blood, and through us to all the people.*
- *Divided and distributed is the Lamb of God; Who is divided, yet not disunited; Who is ever eaten yet never consumed; but sanctifying those who partake thereof.*







# The Harrowing of Hades

# Communion and the Liturgy After the Liturgy

- *Having beheld the Resurrection of Christ, let us worship the Holy Lord Jesus, the only Sinless One. We venerate Thy Cross, O Christ, and we praise and glorify Thy Holy Resurrection; for Thou art our God, and we know no other than Thee; we call on Thy Name. Come all ye faithful, let us venerate Christ's holy Resurrection! For, behold, through the Cross, joy has come into all the world. Let us ever bless the Lord, praising His resurrection, for by enduring the Cross for us, He has destroyed death by death.*
- *Shine Shine, o New Jerusalem! The glory of the Lord has shone on Thee! Exult now, and be glad O Zion! Be radiant, O Pure Theotokos, in the Resurrection of Him Who thou didst bear!*
- *O Christ! Great and most holy Pascha! Wisdom, Word, and Power of God! Grant that we may more perfectly partake of Thee in the never-ending Day of Thy Kingdom.*
- *Wash away, O Lord, the sins of all those who have been remembered here, by Thy Precious Blood; through the prayers of all Thy Saints.*

